



The Chesapeake Health Education Program, Inc.

FALL 2009 CONTINUING EDUCATION C A T A L O G



Continuing Education for the Healthcare Provider



www.chepinc.org



New Location and Other Changes this Season!

Welcome once again to another season of continuing education programs designed to meet the educational needs of a growing health care industry. This year has been marked by one of the most dramatic economic downturns in recent history and the health care industry in particular has felt its effects. The response of the Chesapeake Health Education Program, Inc. has been to sustain operational excellence and provide both talent and substance in all of the programs we offer. We have held the cost of programs to a minimum, yet still strive for new levels of excellence. Even in these difficult times, we believe that our programs are an investment in your future and will bring the highest return to your health care practice.

With this new season comes a few major changes. The first is a NEW LOCATION! We will be hosting our local dental and one of our clinical programs at the Perryville American Legion Post 135 in Perryville, MD. It is a close alternative to the VA Medical Center with plenty of classroom space and has free parking as well. Our lunch and break offerings will also be new and are sure to delight. As in our previous 18 years, the professional CHEP staff members and talented speakers will remain an integral part of our program's success. So come check us out this season and be sure to bring a colleague or two!

We sincerely hope that these changes will amplify the goal of CHEP which is to continue to sustain operational excellence through a strong focus on finding new ways to improve our successes. As demonstrated in the quality of limited programs being presented this Fall, we will continue to strive for new levels of excellence and to be your preferred continuing education provider. Our employees are committed to this goal and I thank them for their hard work.

Thank you again for your continued participation in our health care programs and we look forward to new ways of bringing you quality education in the years to come.

Sincerely,

Gerard R. Kelly, PhD
Chief Executive Officer

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How to Register

On-line: at www.chepinc.org/upcoming_events

By Mail: Complete registration form & mail with payment
(Checks made payable to CHEP)

Remit to:
CHEP (11E)
Building 82H, 1st Floor
Perry Point, MD 21902

By Fax: If you are paying with a credit card or purchase order,
registration forms may be faxed to 410-642-1148
(*please include a copy of the purchase order!)

By Phone: If paying by credit card, call 410-642-1195.
Office hours are:
Monday through Friday 8:00 am - 4:30 pm EST

Important!

Please register only one participant per form
Do not mail form if previously faxed or phoned in.
Registration will NOT be processed without payment.

*Please note: credit vouchers must be mailed with
registration form

***NOTICE:** CHEP HAS AN ON-LINE
EVALUATION PROCESS AND HAS ELIMINATED
PAPER EVALUATIONS.

*For complete registration policies & information, see the catalog or
visit our website at www.chepinc.org*

REGISTRATION FORM – FALL 2009

Seminar Title _____

Seminar Date _____ Seminar Fee _____

Location _____

Name _____

Job Title _____

Professional Discipline _____

Mailing Address _____

City/State/Zip _____

County _____

License # or Last 4 of SSN _____

Day Phone _____

Cell Phone _____

**Email (Required) _____

**Used only for confirmation and receiving promotional emails is an opt-out process.

Check here only if you wish to be excluded from promotional emails

Employer _____

Employer Address _____

City/State/Zip _____

Method of Payment:

(Make Payable to CHEP)

Cash Check Purchase Order (please enclose copy) Credit Voucher (Original attached)

Charge: AMEX MC Visa Discover

Card #

Expiration Date _____

3 (MC & VISA) or 4 (Amex) Digit Verification Code _____

Name as it Appears on Card: _____

REGISTRATION INFORMATION & POLICIES

REGISTRATION

CHEP strongly encourages convenient and secure on-line registration at www.chepinc.org.

Registration forms received by mail must accompany payment in order to be processed. The registration fee includes seminar instruction, materials (unless otherwise specified), and lunch (if offered). Parking fees (if any) are on your own. Checks (made payable to CHEP), money orders, purchase orders, Visa, MasterCard, American Express or Discover, and cash are accepted. There is a \$25 fee on all returned checks!! Please register only one participant per registration form. You may reproduce forms as needed or download additional registration forms from the internet at www.chepinc.org.

VA EMPLOYEE REGISTRATION FEE

Full-time VA employees are required to pay a \$7 fee (unless stated otherwise). This includes morning refreshments and all printed materials. This fee applies to all CHEP programs unless otherwise specified in the program logistics area. Lunch is also available for an additional \$7 at most Perry Point programs (see course descriptions). **An additional \$3 will be charged for anyone registering 14 days or less prior to the program.**

EASTERN SHORE HOSPITAL CENTER REGISTRATION FEE

Full-time Eastern Shore Hospital Center employees are required to pay a \$30 fee (unless stated otherwise), which includes morning refreshments, and all printed materials. This fee applies to Perry Point, Baltimore, Martinsburg and Eastern Shore Hospital Center programs. **An additional \$10 will be charged for anyone registering 14 days or less prior to the program and at the door.**

SPECIAL ACCOMMODATIONS

All reasonable accommodations will be made for those with disability impairments. Any special request must be made at least 30 days prior to the program. Registration and full payment must be received at least 30 days in advance.

CONTINUING EDUCATION CREDITS

Within 1-2 business days of program completion attendees will receive an e-mail with the evaluation/certificate link and your confirmation number. Follow the directions for completing your evaluations and printing your certificate. You must complete all posted evaluations in order to print your continuing education certificate. No partial credit can be awarded. Late arrival or early departure will preclude the awarding of continuing education credits and the certificate will be withheld. A complete verified list of all programs attended may be obtained at any time by sending a written request, self-addressed, stamped envelope, and a \$5 processing fee to the CHEP office.

PRE-REGISTRATION vs. ON-SITE REGISTRATION

Programs that require pre-registration or limited capacity are indicated at the bottom of the course description. If the class is full, registrants will be notified by phone and placed on a waiting list. If we are unable to place you in the class, complete payment will be returned. Registration for all classes is taken on a first-come, first-serve basis.

REGISTRATION INFORMATION & POLICIES

ON-SITE REGISTRATION

On-Site registration is allowed on a space-available basis, unless otherwise noted in the catalog. Although every effort will be made to accommodate on-site registrants, course materials are not guaranteed. Therefore, early registration is recommended. CHEP reserves the right to close a course to on-site registration due to space limitations.

Please Note: VA Employees receiving the \$5 fee rate will be charged an additional \$3 if registering for a program 14 business days or less prior to the event.

CONFIRMATION LETTERS

Confirmation letters will not be sent unless you have provided an email address. To verify that your registration has been received, please call 410-642-1195. If your registration is being sent by your agency, please call to confirm receipt.

CANCELLATION POLICIES

Programs: CHEP reserves the right to cancel a program due to insufficient enrollment or any unforeseen circumstances. Every effort will be made to notify participants of the cancellation. In cases of extreme weather, a public service announcement will be made. Check our website for detailed information. All fees will be fully refunded or a credit voucher offered if CHEP cancels a program.

Participants: Cancellations must be received either in writing, by email or by phone **PRIOR** to the program date. You may choose one of the following options:

- A refund minus a \$10 processing fee.
- A credit VOUCHER for the full registration fee to be used within the next six (6) months.
- Credit vouchers are transferable and may be used toward a future program prior to their expiration. Please note that in order to receive appropriate credit, original credit vouchers must accompany registration form. Credit vouchers cannot be exchanged for money and will not be reissued after expiration.
- Cancellations received on the day of a program will receive a credit VOUCHER less 50%. NO REFUND or credit voucher will be given for cancellations received after the program date.
- Refund for materials (included) will not be given, and will be deducted from eligible refund amount.

Special ACLS/PALS Cancellation Policy:

Due to the nature and demand for these courses, the following cancellation policy applies:

- MORE than 20 Business Days: please refer to the above options
- 20 - 10 Business Days = Credit voucher minus 50%
- 9 Business Days or Less = NO REFUND OR Credit voucher

PLEASE NOTE: Refund for books will NOT be given

ACCREDITATION INFORMATION

COURSE CHANGES

If a room change occurs, all pre-registered participants will be notified in advance if possible. Upon arrival, directions to the new room will be available. CHEP reserves the right to substitute equally qualified faculty in an emergency. Agendas are subject to minor change without notice.

PRIVACY STATEMENT

The CHEP mailing list is for the exclusive use of the corporation and will not be sold or given to other entities.

ON-LINE EVALUATIONS & CERTIFICATES

Evaluations & Certificates: On-site paper evaluations and certificates are no longer available. Within 1-2 business days of program completion, attendees will receive an e-mail with the evaluation/certificate link and your 10 character confirmation number. Follow the directions for completing your evaluations and printing your certificate. You must complete all posted evaluations in order to print your continuing education certificate. Please follow directions carefully and press the submit button when completing an evaluation. No partial credit can be awarded. Late arrival or early departure will preclude the awarding of continuing education credits and the certificate will be withheld. A complete verified list of all programs attended may be obtained at any time by sending a written request, self-addressed, stamped envelope, and a \$5 processing fee to the CHEP office.

Report of Training: It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to his/her locally prescribed process. Continuing education credits awarded for participation in the CE activity may not apply toward license renewal in all states. It is the responsibility of each participant to verify the requirements of his/her state licensing board(s).

Americans with Disabilities Act Policy: If you require any special accommodation to attend and fully participate in an educational program, please provide information about your requirements to the CHEP office at 410-642-1857 at least 30 days prior to the program.

Faculty Disclosure: Alliance between a speaker and any commercial organization must be disclosed for the purpose of determining the presence of bias or influence over the educational content. Written and verbal notification of a speaker's disclosure will be provided to participants on the day of the program.

Continuing Education Credits: CME/CEU's

Please refer to the CHEP website at www.chepinc.org for program listings and accreditation information.

Complaint Policy

Please refer to the CHEP website at www.chepinc.org for complete information regarding the complaint policy.

DENTAL CONTINUING EDUCATION

Ethics in Dentistry: Ethical Principles & Code of Professional Conduct

Friday, October 16th, 2009

Faculty: Lillian Obucina, DDS, JD

The five Principles of Ethics will be described and the Code of Professional Conduct will be applied to each of these Principles. Everyday practice examples will be used to highlight ethical principles that arise in patient care, and the professional conduct response that is appropriate in each situation.

LEARNING OBJECTIVES:

- Identify the five Principles of Ethics.
- Discuss how the Code of Professional Conduct relates to the Principles of Ethics and how to use those principles to guide conduct and decision making.
- Describe how to apply more than one Principle of Ethics in any given ethical practice dilemma.
- Identify the differences in ethical and legal standards of conduct.

Time: Registration: 7:45am ~ Program: 8:15am – 3:15pm

New Location!: Perryville American Legion Post 135, Perryville, MD

Registration Fee: Dentists - \$125; Hygienists - \$100, Assistants and Other Disciplines - \$90; after 10/2/09 fee is \$10 additional

Lunch: Included

VA Registration Fee: \$7; after 10/2/09 fee is \$10.

Enrollment Limit: 150

Contact Hours: 6.0 – ADA, DANB

Registration Contact: Sheila Hancock at 410-642-1195

DENTAL CONTINUING EDUCATION

“You Gotta Have Heart” & “Forms, Forms and More Forms – Is Your Office OSHA Compliant?”

Friday, November 13th, 2009

Faculty: Louis G. DePaola, DDS, MS

Christine Wisnom, CDA, RN, BSN

*The programs satisfies the requirement for Infection control training for dental health care workers and partially satisfies the requirement for annual OSHA training

“You Gotta Have Heart” - Louis G. DePaola, DDS, MS

Coronary (ischemic) heart disease (CHD) is the leading cause of death in the USA. It kills one million Americans every year and CHD deaths increase with age. As the number of aging dental patients increases, many present with CHD. In order to treat these patients safely, dentists must thoroughly understand the pathogenesis of CHD. This program will provide an overview of CHD. The pathology, risk factors and medical management of angina and myocardial infarction will be presented. The most commonly prescribed medications for the management of CHD and possible contraindications in the dental office will be reviewed. Risk reduction/prevention strategies, including lowering cholesterol and smoking cessation will be discussed. In addition, the new Guidelines for Prevention of Infective Endocarditis will be reviewed.

“Forms and More Forms---- Is Your Office OSHA Compliant?” - Christine Wisnom, CDA, RN, BSN

OSHA, MOSH, NIOSH, MDE, DHMH, CDC and ADA, if these terms are foreign to you, this program will provide a clear understanding of their recommendations and regulations for dentistry. Forms will be provided that will enhance the development of your office Exposure Control Plan, employee files, employee training records, chemical inventory lists and numerous other regulatory requirements. The Bloodborne Pathogen Standard, Hazard Communication Standard, Needlestick Safety Prevention Act, Maryland Occupational and Safety Act and numerous other state and federal standards will be reviewed. This review provides valuable information that, when implemented, will improve your current policies and procedures. It satisfies the requirement for infection control training and partially satisfies the requirement for annual OSHA training of employees. All office staff is encouraged to attend.

LEARNING OBJECTIVES:

- Evaluate the current Guidelines for Prevention of Endocarditis in the dental office
- Describe the risk reduction/prevention strategies for smoking cessation & lowering cholesterol
- Apply the worksheets and documents, required by various regulatory agencies, into their clinical practice
- Discuss the current CDC Guidelines for Infection Control in the dental health care setting

Time: Registration: 8:30am ~ Program: 9:00am – 3:30pm

Location: VA Medical Center, Main Hospital - Room 1B-114, Martinsburg, WV

Registration Fee: Dentists - \$125; Hygienists - \$100, Assistants and Other Disciplines - \$90; after 10/30/09 fee is \$10 additional

Lunch: Not Included

VA Registration Fee: \$7; after 10/30/09 fee is \$10

Enrollment Limit: 50

Contact Hours: 6.0 – ADA, DANB

Registration Contact: Sheila Hancock at 410-642-1195

DENTAL CONTINUING EDUCATION

It Is Oral Pathology Time!

Friday, November 20th, 2009

Faculty: John R. Basile, DDS, DMSC;
Bernard A. Levy, DDS, MSD;
Li Mao, MD, PhD, ENT;
Mark Scheper, DDS, PhD

This is not your basic comprehensive review of dental school Oral and Maxillofacial Pathology. The course will handle a limited number of subjects, all of which are clinically relevant in today's modern dental practice. The following topical outline will highlight the themes chosen by the faculty for this course. Included will be some of the latest findings in Clinical Examination, Oncology and the confusing lookalikes that can challenge us at the chair side. The individual who completes the course should feel more comfortable when confronting the unknown chair side. You will also be familiar with some of the latest health findings affecting clinical practice. This is a suitable course for both the practicing dentist and hygienist. Specialists will also find it a relevant course.

LEARNING OBJECTIVES:

- Evaluate all patients with visually detectable disease.
- Discuss with the latest findings in early detection of head and neck cancer.
- Prepare to deal with patients undergoing bisphosphonate treatment.

Time: Registration: 7:45am ~ Program: 8:15am – 3:15pm

New Location!: Perryville American Legion Post 135, Perryville, MD

Registration Fee: Dentists - \$125; Hygienists - \$100, Assistants and Other Disciplines - \$90; after 11/6/09 fee is \$10 additional

Lunch: Included

VA Registration Fee: \$7; after 11/6/09 fee is \$10.

Enrollment Limit: 150

Contact Hours: 6.0 – ADA, DANB

Registration Contact: Sheila Hancock at 410-642-1195

Multiple Sclerosis Symposium

“Individualizing Therapy in Multiple Sclerosis Care”



Monday, September 14th, 2009

Faculty: Jorge Oksenberg, MD and June Halper, MSCN, ANP, FAAN

Speakers/Moderators: Kuhram Bashir, MD; Dennis Bourdette, MD; Deborah Downey, NP; Erik Ensurd, MD; Tonya Fischer, MD; Jacqueline Friedman, MD; Edwin George, MD; Carol Gill, MD; Paul Hoffman, MD; Dale Lange, MD; Michael Levin, MD; Albert Lo, MD; Heidi Maloni, PhD, ANP-BC, MSCN; Micheline McCarthy, MD; Ben Segal, MD; Robert Shin, MD Michael Swartz; William Tyor, MD; Francine Vriesendorf, MD

Panel Members: Eugene Benjamin, Gabriele Bucurescu, MD; MD; David Burks, MD; Paula Clemens, MD; Edward Daly, MD; Jutta Eichelman, MD; Julie Fieschko, MD; Jacqueline Friedman, MD; Kelli Grant, MD; Mary Ann Hooker, MD; Linda Hersey, MD; Rachel Palmieri, CRNP; Gregory Scott, MD; Richard Selbst, MD; Jong-Char Sheih, MD; Sharon Tanks, RN; Ana Vidal, MD; Milagros Velez, RN; Ken Waller, MD; Sally Zachariah, MD

COURSE DESCRIPTION:

The VA Multiple Sclerosis Center of Excellence has coordinated a one-day education program to discuss the genetic and clinical aspects of individualized therapy in multiple sclerosis. This course is designed to meet the needs of physicians and nurses providing care for patients with multiple sclerosis. Discussion panels have been established to discuss the many aspects of individualized therapy from a genetic and clinical perspective. ***Online Pre-registration is required.**

LEARNING OBJECTIVES:

- Discuss genetic factors in multiple sclerosis and the responses to treatment
- Discuss when to use choice disease modifying therapies
- Discuss individualized therapy from a clinical prospective
- Discuss complimentary and alternative medicine and therapy
- Discuss management of progressive forms of multiple sclerosis

Time: Registration: 8:00am ~ Program: 8:30am – 5:30pm

Location: Sheraton Baltimore City Center Hotel, 101 W. Lafayette St. Baltimore, MD

Registration Fee: \$100.00

VA Registration Fee: Free

Lunch: Included

Materials: Included

Enrollment Limit: 125

Contact Hours: 7.5. Please visit our website, www.chepinc.org for accreditation information.

Registration Contact: Sheila Hancock at 410-642-1195

Clinical Suicidology: Assessment & Treatment of Suicidal Risk

Friday, September 25th, 2009

Faculty: David A. Jobes, PhD, ABPP

This workshop will focus on suicide risk in patients. Through a varied and lively presentation format, the attendee will learn how to recognize and intervene with suicidal patients. Numerous case studies, role-playing, and videotaped interviews will be used to illustrate points and demonstrate techniques. Topic areas covered in this workshop will include: cutting-edge clinical research, training in differential assessments of suicidality, training in differential treatments of suicidal states (e.g., acute vs. chronic risk), ethical considerations, and counter-transference considerations. The presenter will provide an empirically-based assessment and treatment approach developed from 25 years of ongoing clinical practice. Various contemporary issues (e.g., HIPAA, managed care, the role of hospitalization, medications, and the common and inappropriate use of “safety contracts”) will be discussed and explored throughout the workshop. An important subtext throughout this workshop is an examination of what makes life worth living—a critical concept that clearly applies to suicidal and non-suicidal patients as well.

LEARNING OBJECTIVES:

- Assess the incidence and risk profiles of suicidality in clinical practice.
- Discuss how to differentially assess the risk of suicidal patients.
- Discuss how to effectively treat suicidal patients, particularly in outpatient practice.
- Identify how to use the new empirically-based approach to the assessment and treatment of suicide.
- Describe how to provide effective clinical practice that should be protective in relation to potential malpractice liability.

Time: Registration: 8:30am ~ Program: 9:00am - 3:30pm

Location: Eastern Shore Hospital Center- English Hall, Cambridge, MD

Registration Fee: \$65; after 9/11/09 fee is \$75

Lunch: Not included

VA Employee Fee: \$7; after 9/11/09 fee is \$10

Enrollment Limit: 100

Contact Hours: 5.5 – APA, SW, NBCC, ANCC, NAADAC, NHA

Registration Contact: Sheila Hancock at 410-642-1195

From Anxiety to Trauma: Understanding & Treating Anxiety Disorders

Wednesday, September 30th, 2009

Faculty: Scott Granet, LCSW

An estimated 40 million adults in the US are believed to suffer from one of the anxiety disorders in a given year. The cause can be quite variable, ranging from genetic factors, brain chemistry, personality, and life events. While anxiety itself is a normal and necessary emotion, the anxiety disorders themselves can create tremendous fear and lead to considerable dysfunction. It is also known that they can worsen if left untreated, and may co-occur with other disorders, such as depression and substance abuse. The primary focus of this workshop is to define the various anxiety disorders, explore related factors such as prevalence and co-morbidity as well as provide an overview of treatment considerations.

LEARNING OBJECTIVES:

- Gain a thorough understanding of the diagnostic criteria for each of the anxiety disorders.
- Identify clinical manifestations of each disorder.
- Utilize treatment strategies, including cognitive-behavioral therapy and group therapy.

Time: Registration: 8:30am ~ Program: 9:00am – 3:30pm

Location: VA Medical Center, Main Hospital, Room 2A-122C, Martinsburg, WV

Registration Fee: \$65; after 9/16/09 fee is \$75

Lunch: Not Included

VA Registration Fee: \$7; after 9/16/09, fee is \$10

Enrollment Limit: 50

Contact Hours: 5.5 – ANCC, NHA, APA, NBCC, NAADAC

Registration Contact: Sheila Hancock at 410-642-1195

From Anxiety to Trauma: Understanding & Treating Anxiety Disorders

Thursday, October 1st, 2009

Faculty: Scott Granet, LCSW

An estimated 40 million adults in the US are believed to suffer from one of the anxiety disorders in a given year. The cause can be quite variable, ranging from genetic factors, brain chemistry, personality, and life events. While anxiety itself is a normal and necessary emotion, the anxiety disorders themselves can create tremendous fear and lead to considerable dysfunction. It is also known that they can worsen if left untreated, and may co-occur with other disorders, such as depression and substance abuse. The primary focus of this workshop is to define the various anxiety disorders, explore related factors such as prevalence and co-morbidity as well as provide an overview of treatment considerations.

LEARNING OBJECTIVES:

- Gain a thorough understanding of the diagnostic criteria for each of the anxiety disorders.
- Identify clinical manifestations of each disorder.
- Utilize treatment strategies, including cognitive-behavioral therapy and group therapy.

Time: Registration: 8:30am ~ Program: 9:00am – 3:30pm

Location: VA Medical Center, Auditorium, Baltimore, MD

Registration Fee: \$65; after 9/17/09 fee is \$75

Lunch: Not Included

VA Registration Fee: \$7; after 9/17/09, fee is \$10

Enrollment Limit: 100

Contact Hours: 5.5 – ANCC, NHA, SW, APA, NBCC, NAADAC

Registration Contact: Sheila Hancock at 410-642-1195

CLINICAL/MENTAL HEALTH/PRE-HOSPITAL

Organization & Time Management for Nurses

Wednesday, October 28th, 2009

Faculty: Doreene Keene, RN

Organization and time management is a program designed to help nurses identify and initiate the steps necessary to become more productive. The goal of the program is to help nurses become more efficient through organization and planning. The program will show the nurse how to acquire the information, utilize information, and provide effective reporting of information. The nurse will learn how to organize, plan, and delegate to become effective managers of their time.

LEARNING OBJECTIVES:

- Define time management and organization on the nursing unit.
- Discuss how to plan and schedule nursing assignments.
- Describe delegation and the hierarchy of Nursing staff and identification of the roles.
- Apply evaluation and identify effectiveness of your plan.

Time: Registration: 8:00am ~ Program: 8:30am – 3:00pm

Location: Veteran Affairs Medical Center, **Building 82H/Conf. Room,**
Perry Point, MD

Registration Fee: \$70; after 10/14/09 fee is \$80

Lunch: Included

VA Registration Fee: \$7; after 10/14/09, fee is \$10.

Enrollment Limit: 45

Contact Hours: 5.5 - ANCC

Registration Contact: Sheila Hancock at 410-642-1195

CLINICAL/MENTAL HEALTH/PRE-HOSPITAL

An Introduction to the MMPI-2-RF™ (Restructured Form) Workshop

Wednesday, November 4th, 2009

Faculty: Paul Arbisi, PhD, ABAP, ABPP



This workshop provides an introduction to a new, shorter version of the MMPI-2, the 338-item MMPI-2-RF. The workshop will provide a basic overview of: the rationale for, and methods used to develop the MMPI-2-RF; the various materials available to score and interpret the test, the psychometric functioning of the scales; and interpretive recommendations. Case examples will be presented to illustrate interpretation.

LEARNING OBJECTIVES:

- Assess the rationale for and methods used to develop the 50 MMPI-2-RF Scales.
- Describe the 50 scales of the MMPI-2-RF.
- Utilize the MMPI-2-RF materials and documentation.
- Interpret MMPI-2-RF results in a variety of settings.

Time: Registration: 8:00am ~ Program: 8:30am – 3:00pm

Location: Veteran Affairs Medical Center, **Building 82H/Conf. Room**,
Perry Point, MD

Registration Fee: \$70; after 10/21/09 fee is \$80

Lunch: Included

VA Registration Fee: \$7; after 10/21/09, fee is \$10.

Enrollment Limit: 45

Contact Hours: 5.5 – APA, SW, NBCC

Registration Contact: Sheila Hancock at 410-642-1195

Traumatic Brain Injury: The Current State of Diagnosis, Evaluation, and Treatment

Monday November 9th, 2009

Faculty: Sonal Pancholi, Psy. D.

This course is designed to be a comprehensive overview of traumatic brain injury (TBI) including specific issues related to the military. Current prevalence and epidemiological factors in the civilian and military populations will be discussed. The commonly seen cognitive, behavioral, emotional, and physical symptoms in the different severities of TBI will be reviewed. Evaluation, diagnosis, and treatment of the different types and severities of TBI will be presented. Lastly, complicating co-morbid factors such as PTSD and post-traumatic headaches will be addressed.

LEARNING OBJECTIVES:

- Discuss the differences between the various severities of TBI.
- Identify and diagnose TBI based on nature of injury and presenting symptoms.
- Establish an understanding of effective treatments and factoring hindering recovery.

Time: Registration: 8:00am ~ Program: 8:30am – 3:00pm

New Location!: Perryville American Legion Post 135, Perryville, MD

Registration Fee: \$65; after 10/19/09 fee is \$80

Lunch: Included

VA Registration Fee: \$7; after 10/19/09, fee is \$10.

Enrollment Limit: 150

Contact Hours: 5.5 – ANCC, ACCME, SW, NBCC, NHA

Registration Contact: Sheila Hancock at 410-642-1195

Save the Date
National Conferences
Summer 2009



**3rd Annual Federal Occupational
Health Conference**

August 3-5, 2009, Denver, Colorado



**11th Annual Federal Worker's
Compensation Conference**

August 5-7, 2009, Denver, Colorado

For more information on these and other CHEP
upcoming events please visit our website:
www.chepinc.org/upcoming_events/national_conferences.shtml

Schedule at a Glance FALL 2009

*For all programs listed below: Location (unless listed otherwise) is Perry Point Veterans Affairs Medical Center, Building 82H-Rm 136, Perry Point, MD

Advanced Cardiac Life Support (ACLS) - 1 Day Renewal

SEE PAGE 20 FOR ADDITIONAL INFORMATION

Dates: September 18, 2009 OR November 20, 2009

Advanced Cardiac Life Support (ACLS) 2 - Day Provider

SEE PAGE 21 FOR ADDITIONAL INFORMATION

Dates: September 19-20, 2009 OR November 21-22, 2009

CPR: Basic Life Support for Healthcare Providers

SEE PAGE 22 FOR ADDITIONAL INFORMATION

**Registration – 8:00am, Program 8:30am –12:00pm*

Dates: August 14, 2009 September 11, 2009 October 9, 2009 November 13, 2009 December 4, 2009 (CPR certification available in morning only – Bloodborne Pathogens in afternoon)

Bloodborne Pathogens

SEE PAGE 23 FOR ADDITIONAL INFORMATION

Registration: 12:30pm. Program: 1:00pm – 3:00pm

Dates: August 14, 2009 September 11, 2009 October 9, 2009 November 13, 2009 December 4, 2009 (CPR certification available in morning only – Bloodborne Pathogens in afternoon)

Pediatric Advanced Life Support (PALS) 1 - Day Renewal

SEE PAGE 24 FOR ADDITIONAL INFORMATION

Date: October 16, 2009

Pediatric Advanced Life Support (PALS) 2 - Day Provider

SEE PAGE 25 FOR ADDITIONAL INFORMATION

Dates: October 17-18, 2009

The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.

SAFETY AND WELLNESS

Advanced Cardiac Life Support (ACLS) 1-day Renewal

Dates: Friday, September 18th, 2009 OR Friday, November 20th, 2009

Director: R. Rao Tripuraneni, MD, FACEP; Co-Directors: Barbara Finch, RNC, BSN; and Mark Kane, NREMT-P

Advanced Cardiac Life Support (ACLS) is designed to provide Advanced Emergency Cardiac Care training and re-certification to specialized health team members such as physicians, nurses and allied health professionals. *Pre-Requisite: Current ACLS certification. *Pre-Registration Required.

LEARNING OBJECTIVES:

- Demonstrate the systematic approach to managing a patient experiencing sudden death or a cardiopulmonary/cardiovascular emergency.
- Perform the ACLS role of team leader and team member demonstrating critical thinking, decision-making and specific functions.
- Successfully complete a written skills test.

Time: Registration: 7:30 a.m. ~ Program: 8:00 a.m. - 4:30 p.m.

Location: Veterans Affairs Medical Center- Bldg 82H/Conf. Room, Perry Point, MD

Registration Fee: Physicians \$260; Paramedics, Nurses and Allied Health \$230; 14 days or less, fee is an additional \$10. Lunch and manual is included in the above fees.

VA Employee Fee: \$75; 14 days or less, fee increases to \$85. Manual for VAMHCS is available if requested at no charge. VA employees (outside of VAMHCS) the manual is available for purchase through CHEP for \$40. Lunch is an additional \$10 for VA employees.

Enrollment Limit: 35

Hours: 7.0 - ACCME, ANCC, EMS

Contact Person: Jenn Sheppard 410-642-2411 ext. 6899

SAFETY AND WELLNESS

Advanced Cardiac Life Support (ACLS) 2-day Provider

Dates: Saturday & Sunday, September 19-20th, 2009

OR Saturday & Sunday, November 21-22nd, 2009

Director, R. Rao Tripuraneni, MD, FACEP; Co-Directors: Barbara Finch, RNC, BSN; and Mark Kane, NREMT-P

Advanced Cardiac Life Support (ACLS) is designed to provide Advanced Emergency Cardiac Care training and certification to specialized health team members such as physicians, nurses and allied health professionals. *Pre-Requisite: Participants must have a working knowledge of Arrhythmia recognition and must have a current CPR card for Basic Life Support for Health Care Providers to earn ACLS certification.

*Pre-Registration Required.

LEARNING OBJECTIVES:

- Demonstrate the systematic approach to managing a patient experiencing sudden death or a cardiopulmonary/cardiovascular emergency.
- Perform the ACLS role of team leader and team member demonstrating critical thinking, decision-making and specific functions designated in the ACLS approaches and guidelines.
- Successfully complete a written skills test.

Time: Registration: 7:30 a.m. ~ Program: 8:00 a.m. - 4:30 p.m.

Location: Veterans Affairs Medical Center, Bldg 82H/Conf. Room, Perry Point, MD

Registration Fee: Physicians - \$293; Paramedics, Nurses and Allied Health – \$263; 14 days or less, fee is an additional \$10. Lunch and manual is included in the above price.

VA Employee Fee: \$75; 14 days or less, fee increases to \$85. Manual for VAMHCS employees is available if requested, at no charge. VA employees (outside of VAMHCS) the manual is available for purchase through CHEP for \$40. Lunch is an additional \$10 per day for VA employees.

Enrollment Limit: 35

Contact Hours: 14.0 - ACCME, ANCC, EMS

Contact Person: Jenn Sheppard 410-642-2411 ext. 6899

SAFETY AND WELLNESS

CPR: Basic Life Support for Healthcare Providers (AHA)

August 14, 2009 September 11, 2009 October 9, 2009 November 13, 2009
December 4, 2009

Faculty: J. Michael Fayer, NREMT-P & Mark Kane, NREMT-P

This course is designed to teach the skills of CPR for victims of all ages. It incorporates the use of an automated external defibrillator (AED), and relief of Foreign Body Airway Obstructions (FBAO's). This course is intended for participants who provide health care to patients in a wide variety of settings, including in-hospital and out-of-hospital settings. All participants who complete this course will be able to demonstrate the skills of CPR, mouth-to-mask and bag-mask ventilation, use of AED's, and relief of FBAO for the responsive victim. All participants who successfully complete the course, including the written examination and skills demonstration, will receive a BLS for Healthcare Providers Course completion card.

*Certification Period – 2 Years.

*Pre-Registration Required

LEARNING OBJECTIVES:

- Demonstrate adult, child and infant one and two-rescuer CPR techniques.
- Demonstrate proficiency in the use of the AED.
- Demonstrate the approach to manage foreign body airway obstruction.

New Certification: Registration: 8:00 a.m. ~ Program: 8:30 a.m. - 12:30 p.m.

Location: Veterans Affairs Medical Center, Bldg 82H/Conf Room, Perry Point, MD

Registration Fee: \$55; 14 days or less, fee increases to \$65

(manual included in price)

VA Employee Fee: \$5; 14 days or less, fee increases to \$8 (manual is not included in fee. VA employees are required to bring the manual or purchase from CHEP for \$15)

Materials: All pre-course materials are included with the manual.

Lunch: Not Included

Enrollment Limit: 18

Contact Hours: 4.0 or 2.5 (Renewal) - ADA, DANB, ANCC

Contact Person: Jenn Sheppard 410-642-2411 ext. 6899

SAFETY AND WELLNESS

Bloodborne Pathogens (National Safety Council Program)

August 14, 2009 September 11, 2009 October 9, 2009 November 13, 2009
December 4, 2009

Faculty: J. Michael Fayer, NREMT-P & Mark Kane, NREMT-P

This program includes information that will help students understand what bloodborne pathogens are and how risks of exposure can be reduced for themselves and others. The program assists in satisfying the training requirements of the U. S. Department of Labor, OSHA Blood borne Pathogens Standard (29 CRF 1910.1030).

Certification Period – 1 Year

Time: Registration 12:30 a.m. ~ Program 1:00 p.m. - 3:00 p.m.

Location: Veterans Affairs Medical Center, Bldg 82H/Conf. Rm, Perry Point, MD

Registration Fee: \$35; 14 days or less, fee increases to \$45

Materials: Included

VA Employee Fee: \$5; 14 days or less, fee increases to \$8

Enrollment Limit: 35

Contact Hours: 2.0

Contact Person: Jenn Sheppard 410-642-2411 ext. 6899

SAFETY AND WELLNESS

Pediatric Advanced Life Support (PALS) 1-Day Renewal

Friday, October 16th, 2009

Director: Donald Alves, MD; Co-Director: Barbara Finch, RNC, BSN

This program, developed by the American Heart Association and the American Academy of Pediatrics and coordinated by Upper Chesapeake Health focuses on critical issues in pediatric resuscitation for health care providers. The practical application of cognitive and psychomotor skills in pediatric resuscitation situations are emphasized in case presentations. Participants will have an opportunity to practice emergency techniques such as intraosseous needle insertion, ventilating a child with a bag valve mask, intubation, umbilical line insertion and cardioversion/defibrillation of a child.

*Pre-Requisite: Current PALS Certification *Pre-Registration Required

LEARNING OBJECTIVES:

- Define conditions which put a child at risk of cardiopulmonary arrest.
- List parameters which indicate cardiovascular compromise in the pediatric patient.
- Describe strategies for preventing cardiopulmonary arrest in children.

Time: Registration 7:30 a.m. ~ Program 8:00 a.m. - 4:30 p.m.

Location: Veterans Affairs Medical Center- Bldg 82H/Conf. Room., Perry Point, MD

Registration Fee: Physicians \$260; Nurses and Allied Health \$230; 14 days or less fee increases an additional \$10. Lunch and manual are included.

VA Employee Fee: \$75; 14 days or less fee is \$85. Lunch is an additional \$10 per day for VA employees. Lunch is an additional \$10 for VA employees. Manual is \$40.00 for VA employees.

Enrollment Limit: 35

Contact Hours: 7.0 - ACCME, ANCC, EMS

Contact Person: Jenn Sheppard 410-642-2411 ext. 6899

SAFETY AND WELLNESS

Pediatric Advanced Life Support (PALS) 2-Day Provider

Saturday & Sunday, October 17-18th, 2009

Director: Donald Alves, MD; Co-Director: Barbara Finch, RNC, BSN

This program, developed by the American Heart Association and the American Academy of Pediatrics and coordinated by Upper Chesapeake Health focuses on critical issues in pediatric resuscitation for health care providers. The practical application of cognitive and psychomotor skills in pediatric resuscitation situations are emphasized in case presentations. Participants will have an opportunity to practice emergency techniques such as intraosseous needle insertion, ventilating a child with a bag valve mask, intubation, umbilical line insertion and cardioversion/defibrillation of a child.

*Pre-Registration Required

LEARNING OBJECTIVES:

- Define conditions which put a child at risk of cardiopulmonary arrest.
- List parameters which indicate cardiovascular compromise in the pediatric patient.
- Describe strategies for preventing cardiopulmonary arrest in children.

Time: Registration 7:30 a.m. ~ Program 8:00 a.m. - 4:30 p.m.

Location: Veterans Affairs Medical Center- Bldg 82H/Conf. Room., Perry Point, MD

Registration Fee: Physicians \$293; Nurses and Allied Health \$263; 14 days or less fee increases an additional \$10. Lunch and manual are included.

VA Employee Fee: \$75; 14 days or less fee is \$85. Lunch is an additional \$10 per day for VA employees. Manual is \$40.00 for VA employees.

Enrollment Limit: 35

Contact Hours: 14.0 - ACCME, ANCC, EMS

Contact Person: Jenn Sheppard 410-642-2411 ext. 6899

FACULTY

Paul A. Arbisi, PhD, ABAP, ABPP, obtained his doctoral degree in clinical psychology at the University of Minnesota. He has been a Staff Psychologist at the Minneapolis VA Medical Center since 1990 and is an Associate Professor in the Departments of Psychiatry and Psychology at the University of Minnesota. Dr. Arbisi has published extensively on the use of the MMPI-2 in psychiatric and medical settings and the use of the MMPI-2 in the detection of malingering of psychiatric illnesses and chronic pain. He also has a medico-legal private practice where he conducts Independent Psychological Evaluations in the context of disability claims resulting from emotional or psychological injury.

John R. Basile, DDS, DMSC has been an Assistant Professor at the University of Maryland Dental School in the Department of Oncology and Diagnostic Sciences since 2007 and is a member of the Program in Oncology at the Marlene and Stewart Greenebaum Cancer Center at the University of Maryland. His research centers on the mechanisms of tumor-induced angiogenesis in head and neck cancer.

Louis G. DePaola, DDS, MS is a Professor, Department of Diagnostic Sciences and Pathology, Dental School, University of Maryland, Baltimore. He received his DDS in 1975, completed a Master's Degree in Oral Biology, is a Diplomate of the American Board of Oral Medicine and the American College of Dentists; and has a Certificate in Prosthodontics.

J. Michael Fayer, EMT-P is a Nationally Registered Paramedic with 23 years experience providing Emergency Medical care as a career and volunteer provider. He has a broad base of experience from community based Fire and EMS, specialty services such as the VA Hospital Fire Department, and the BWI Airport Fire and Rescue Department.

Barbara Finch, RN, BSN is the Director of Service Excellence & Resource Development for Upper Chesapeake Health.

Scott M. Granet, L.C.S.W. has been practicing adolescent and adult psychotherapy for over 25 years since receiving his Masters degree at New York University. He is co-founder and president of the Obsessive-Compulsive Foundation of the San Francisco Bay Area, a non-profit corporation dedicated to providing support to people affected by the obsessive-compulsive spectrum disorders. Mr. Granet is a clinical social worker with the Palo Alto Medical Foundation, and also has a private practice in San Mateo, CA.

June Halper, MSN, ANP, FAAN is a certified adult nurse practitioner who has specialized in multiple sclerosis since 1978. She was a founder of the Gimbel MS Center in Teaneck, NJ and has been the Executive Director since 1989. In 1993, the Gimbel MS Center was named the administrative seat of the Consortium of Multiple Sclerosis Centers, the largest organization of MS healthcare professionals in the world. Ms. Halper was president of the CMSC from 1995-97 and has been the Executive Director since 1997.

David A. Jobes, Ph.D., ABPP, is a Professor of psychology (clinical faculty) and Co-Director of Clinical Training at The Catholic University of America. His research and writing in suicide has produced numerous publications (including three books on youth suicide)—his newest book on his “CAMS” approach to suicide was published by Guilford Press in 2006. Dr. Jobes is currently a consultant to the Department of Defense, Veterans Affairs, and the US Air Force Suicide Prevention Program.

FACULTY

Mark Kane, NREMT-P is a Nationally Registered Paramedic with 17 years experience providing Emergency Medical care as a career and volunteer provider. He has a broad base of experience from community based Fire and EMS, specialty services such as the Baltimore City Fire Department and the Havre de Grace Ambulance Corps.

Doreene Keene, RN has over thirty years of experiences as a Registered Nurse. Ms. Keene has been an Assistant Head Nurse on a 42 bed unit, the Charge Nurse in the PACU, and a Nurse Case Manager. She has produced multiple healthcare educational programs on a variety subjects; from the Nursing Process to Pain Management.

Bernard A. Levy, DDS, MSD is the Graduate Program Director in the Department of Diagnostic Sciences and Pathology. He has held that position since 1972. His interests include diagnostic histopathology, clinical oral pathology and forensic odontology. He has served as advisor and mentor to many students throughout the years.

Li Mao, MD, PhD, ENT received his PhD from Nanjing Medical University Nanjing, in China and is the Professor of Head and Neck Surgery at the University of Maryland School of Medicine in Baltimore, among other professor positions in the country. Dr. Mao is a recognized international authority in the fields of Thoracic and Head and Neck Cancer and its early detection and possible prevention.

Lillian Obucina, DDS, JD is a private practice dentist, attorney and consultant. She graduated from Northwestern University with a Bachelor of Arts degree in 1984 and the Northwestern University Dental School in 1988 with a DDS degree. Dr. Obucina graduated from the John Marshall School with her Juris Doctor degree in 2002.

Jorge R. Oksenberg, Ph.D. is the G.A. Zimmermann Endowed Chair in Neurology. He received his Ph.D. in Immunology from the Hebrew University of Jerusalem, Israel, and joined the UCSF faculty in 1993 following post-doctoral training at Stanford University. Since 2005, Dr. Oksenberg serves as Associate Editor for the Annals of Neurology.

Sonal Pancholi, Psy D. is a Clinical Neuropsychologist at the DVBIC Walter Reed Army Medical Center site, where she provides clinical care to TBI patients, supervises pre-doctoral and post-doctoral students as well as participates in developing and managing research studies involving TBI. Dr. Pancholi received a Psy. D. degree in 1998 from the Chicago School of Professional Psychology. She is licensed as Clinical Psychologist in Virginia.

Mark Scheper, DDS, PhD graduated from Xavier University with a Bachelor of Science degree in biology in 1991 and then entered dental school at Ohio State University where he graduated in 1995. Dr. Scheper is currently a Diplomat of the American Board of Oral and Maxillofacial Pathology and Co-Director of the Oral Medicine Clinic at the University of Maryland.

Christine Wisnom, CDA, RN, BSN, is a Nurse Educator in the Dept. of Oral Medicine at the University of Maryland, School of Dentistry, where she acts as a consultant for the Infection Control/Biosafety Committee.

DRIVING DIRECTIONS

Door-to-Door Directions can be found on the web under each specific program by visiting http://www.chepinc.org/upcoming_events/local_programs.asp

NEW LOCATION! Perryville American Legion Post 135, 300 Cherry Street, Perryville, MD 21903

From I-95: Exit 93 (Perryville) and head south on Route 222, through the intersection of Route 40. Follow Route 222 (Aiken Avenue), for approximately a mile, to Otsego Street and follow over railroad tracks. Make an immediate right onto Evan Street and Post 135 will be at the end in front of you (Cherry Street). There is free parking and handicap accessibility in the front as well as the back.

Veterans Affairs Medical Center, Perry Point, MD, 21902

From I-95: Exit 93 (Perryville) and head South on Route 222, through the intersection of Route 40. Follow Route 222 to its end at Broad St. Turn right on Broad St., which leads directly to the Medical Center. NOTE: Crossing the Susquehanna River Bridge, there is a toll Northbound only, immediately before your exit. Once on the Medical Center campus: you will bear left after the main gate and follow Avenue D all the way to the end. You will see Building 82H in front of you - it is the large white building facing the water. Parking is free.

Veterans Affairs Medical Center, 510 Butler Ave. Martinsburg, WV 25401

From Maryland area: Rte 70 West to Frederick onto Route 340 towards Charles Town. Follow Route 9 West to Martinsburg: VA Medical Center is on the right. Once you are on the Medical Center campus follow the signs to the Main Hospital. Park in visitor lot, enter through main corridor, pass information desk and follow signs to room where program is being held.

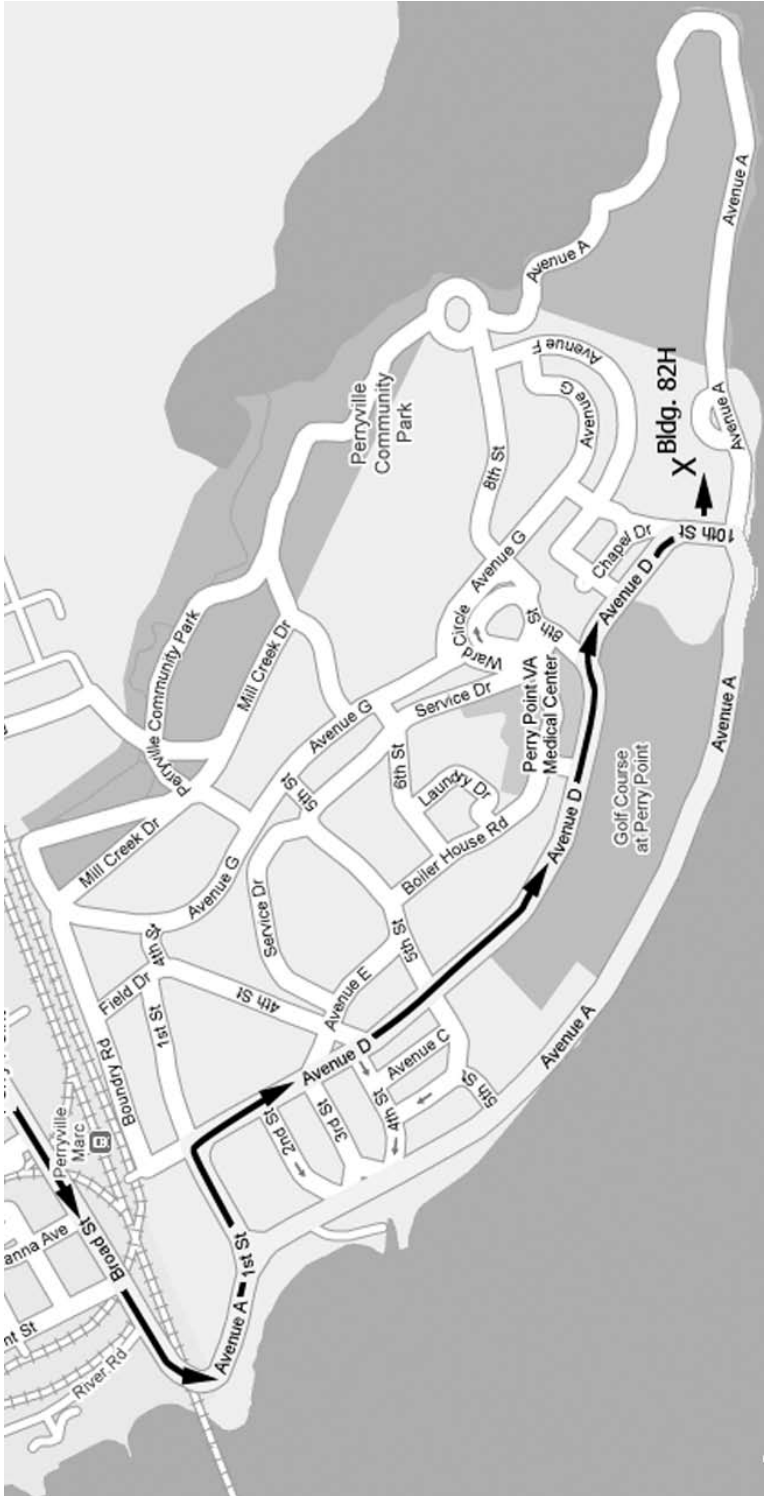
From West Virginia: Take Route I-81 to exit 12 and go East on Route 9 (or follow VA signs). VA Medical Center is located on the left approximately 5 miles from I-81. Once you are on the Medical Center campus follow the signs to the Main Hospital. Park in visitor lot, enter through main corridor, pass information desk and follow signs to room where program is being held.

Eastern Shore Hospital Center (ESHC), 5262 Woods Rd. English Hall, Cambridge, MD 21613

The Eastern Shore Hospital Center, Cambridge, MD is located in Dorchester County.

Traveling from the West to East: After crossing the Frederick C. Malkus Bridge, entering Cambridge, remain on Route 50. At the 4th traffic signal (Woods Road), turn right. Continue straight on Woods Road until you come to a stop sign. At the stop sign you will continue straight, crossing over Route 16 Bypass. Approximately 3/10 of a mile down this road, the new ESHC will be on your right.

Traveling from East to West: Upon entering Cambridge city limits, the second traffic signal will be Church Creek Road. Turn left at this signal. Remain on this road for 1.1 miles and turn left on Woods road. Approximately 3/10 of a mile down this road, the new ESHC will be on your right. Parking is free



Map of Veterans Affairs (VA) Medical Center, Perry Point, MD



Chesapeake Health Education Program

Chesapeake Health Education Program, Inc.

Building 82H, 1st Floor

Perry Point, MD 21902

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